

## **Patient Instructions for Collection of Faeces for Micro, Culture and Parasites**

Follow instructions carefully to ensure that your test results are accurate and reliable.

Your doctor or pathology collector will give you a brown top jar for specimen collection

1. Label the jar with your full name, date of birth and date and time of collection.
2. Ensure that no urine comes into contact with the faeces sample.
3. Pass urine into the toilet first if necessary, then place a clean plastic container (such as an ice cream container) into the toilet bowl to catch the faeces.
4. Using the scoop inside the lid of the jar with the brown lid, collect an amount the size of an unshelled walnut, put into the jar and secure lid tightly to prevent leakage. Avoid cross threading
5. Deliver the specimen to your nearest 4Cyte Pathology collection center as soon as possible after collection.